

Hearing Voices Group Facilitator Training

Program Overview

This is a 2 day workshop designed to equip mental health professionals and voice hearers (people with lived experience of auditory hallucinations) to facilitate support groups for people who hear voices.

Participants will develop an awareness of:

- The issues faced by people who hear voices
- The history of the Hearing Voices Movement
- Current research into Hearing Voices
- Different approaches to working with Voices
- An overview of the user movement and the growth of user centered initiatives

Participants will gain skills and knowledge in:

- Practical aspects of starting and maintaining a Hearing Voices Group
- Principles of Hearing Voices Groups
- Working with common challenges that occur in Hearing Voices Groups
- Coping strategies for people who hear voices
- Techniques and approaches that enable people to transform their relationship with voices
- Group dynamics and group facilitation

Training Aim

For participants to develop the skills and knowledge required to facilitate a Hearing Voices Group

You Should Attend If

- You or your organisation is interested in running a Hearing Voices Group (or is already running a group)
- Ideally we encourage participants to attend in pairs from each organisation – one professional and one voice hearer. Please call us to discuss this if needed.



We are delighted that we have been able to get one of the leading experts in the field, Jacqui Dillon, to come out from London to facilitate this training.

Jacqui Dillon is a writer, campaigner, international speaker and trainer specialising in hearing voices, psychosis and trauma. She is the national Chair of the Hearing Voices Network in England, a charity which works to promote acceptance and understanding of the experiences of hearing voices, seeing visions, tactile sensations and other sensory experiences. Jacqui is a member of the co-ordinating committee for the Campaign to Abolish the Schizophrenia Label - www.caslcampaign.com. She has published several articles and papers and is on the editorial board of the journal *Psychosis: Psychological, Social and Integrative Approaches*. Along with Professor Marius Romme and Dr Sandra Escher she is co-author of the book, *Living with Voices*, an anthology of 50 voice hearers' stories of recovery. Jacqui is also a voice hearer.

Research Project

Voices Vic will be conducting a research project with new Hearing Voices Groups across Victoria. We will contact you to discuss your new group participating in this exciting project.

Dates & times:
Location:
Cost:

Monday 7th & Tuesday 8th September 2009
9.00am – 5.00pm
The Betty Day Centre, 67 Argyle Street, St Kilda
Mental health professional rate \$220, including GST
Voice Hearers / consumer rate \$20, including GST

Registration Form

Course: Hearing Voices Group Facilitator Training

7th & 8th September 2009, 9.00am – 5.00pm

Please fax this registration form to (03) 9510 9627

OR email to sandi@prahranmission.org.au

OR post to Voices Vic, PO Box 68, Prahran 3181

Any enquiries, please call us on 9692 9500

Name:			
Cost (please tick box):	Mental Health Professional Rate \$220 including GST		
	Voice Hearer (consumer) Rate \$20 including GST		
Organisation:			
Invoice Address:			
Suburb:		Postcode:	
Tel:			
Fax:			
Email:			
Confirmation address (if different from Invoice address)			
Suburb:		Postcode:	
For professionals:			
Is your organisation currently running a Hearing Voices group?	Yes / no		
Is your organisation planning to run a Hearing Voices Group this year?	Yes / no		
Can we contact you to discuss the Voices Vic research project?	Yes / no		