



Manningham Healthy Lifestyle Week

AN INTRODUCTION TO: THE HEARING VOICES MOVEMENT

Learn about the Hearing Voices Movement (for people who experience auditory hallucinations: a symptom of psychosis). Keystone and guest speakers will explain the history of the movement, strategies for coping with voices and explore the possibility of facilitating a Support Group in Manningham in 2010.

Time : 1:00pm – 2:30pm, Thursday 4th March 2010

Venue : The Pines Learning Centre, 1/520 Blackburn Road, Doncaster East. Mel Ref. 33 D6

Bookings : Katrina – 9848 2465 or kat.m@kstone.com.au

Cost : Free



Inner East Mental Health Services Association

